

Temple Guiting C of E School



Allergy Policy

This Policy was reviewed and agreed by:	Ann Barry
Approved by: (Headteacher)	
Approved by: (Governor)	
Date Approved:	
Last Review Date:	
Next Review Date:	

Policy Statement	Temple Guiting C of E School is committed to ensuring the safety, wellbeing and inclusion of all pupils with allergies. This policy is written in line with: • The Children and Families Act 2014 (Section 100) • The Equality Act 2010 • The Department for Education statutory guidance: Supporting pupils at school with medical conditions (2015) • Relevant Food Information Regulations and Food Standards Agency guidance We recognise that allergies can be life-threatening and we take all reasonable steps to minimise risks, manage allergies effectively, and respond swiftly in emergencies. This policy applies to pupils, staff, parents/carers, volunteers and visitors.
Identification of Children with Allergies	Children with allergies are identified through: • Information provided by parents/carers on admission forms • Medical updates shared with the school • Healthcare information from medical professionals • Ongoing communication between school and families Each child with a diagnosed allergy will have an Individual Healthcare Plan (IHP), developed in partnership with parents/carers and healthcare professionals where appropriate. The IHP will include: • Type of allergy (food, non-food, environmental, medication, insect stings, latex, etc.) • Triggers and level of risk • Symptoms (including mild reactions and anaphylaxis) • Required medication (e.g. antihistamines, adrenaline auto-injectors such as EpiPen, Jext or Emerade) • Emergency procedures and contacts The school maintains a central register, accessible to relevant staff.
Reducing Allergy Risks	Temple Guiting C of E School takes proactive steps to reduce allergy risks, including: • Promoting a no food sharing culture • Risk assessing all food-related classroom activities • Supervising snack and lunch times appropriately • Communicating expectations to parents/carers about food brought into school • Checking ingredients for all school-provided food and cooking activities • Implementing hygiene measures to reduce cross-contamination

	Where appropriate, allergy awareness information may be displayed while maintaining confidentiality. The school aims to ensure full inclusion while maintaining safety for all pupils.
Managing Food and Non-Food Allergies	All allergies are managed carefully, including food, environmental and contact allergies. The school will: • Maintain up-to-date allergy records and a central register • Ensure staff supervising meals are aware of relevant allergies • Support pupils in making safe choices • Share clear guidance on packed lunches and snacks with families • Check food labels rigorously for all school-provided food • Put additional controls in place where needed following risk assessment • Reduce cross-contamination risks through safe food handling, separate equipment where required, and effective cleaning procedures
Staff Training	All staff receive regular training on: • Recognising allergic reactions, including anaphylaxis symptoms. • Understanding Individual Healthcare Plans • Preventing allergen exposure • Emergency use of medication, including adrenaline auto-injectors • Recording and reporting procedures Key staff receive enhanced training to ensure a trained adult is always available.
Managing Emergencies	In the event of an allergic reaction: • Staff will follow the child's Individual Healthcare Plan immediately • Emergency medication will be administered without delay where required • Emergency services (999) will be contacted immediately in suspected anaphylaxis • Parents/carers will be informed as soon as possible • A full incident record will be completed and reviewed Staff acting in good faith and in line with training are covered under the school's insurance arrangements. The school ensures a calm, rapid and effective emergency response at all times.
Educational Visits and School Trips	Children with allergies are fully included in all school visits by: • Completing risk assessments that include allergy management • Ensuring medication is carried, in date and accessible • Briefing staff and volunteers on pupil needs • Checking catering arrangements in advance • Ensuring trained staff accompany all visits No child will be excluded from school trips, educational visits, or other school activities because of an allergy. The school will make every reasonable effort to ensure that trips and activities are planned with the needs of pupils with allergies in

	mind, promoting inclusion and enabling all children to participate safely and fully wherever possible.
Medication Storage and Use	The school ensures that: • Medication is clearly labelled and stored safely but accessibly • Emergency medication is kept in agreed, known locations • Medication is checked regularly to ensure it is in date • Trained staff administer medication when required • All administration is recorded accurately Where appropriate and agreed in the IHP, pupils may carry their own medication.
Supporting Wellbeing	Temple Guiting C of E School recognises the emotional impact allergies can have. We support pupils by: • Promoting understanding and awareness among peers • Encouraging independence and confidence where appropriate • Ensuring pupils are not isolated or stigmatised • Listening to pupil concerns and working closely with families Emotional wellbeing is treated with equal importance to physical safety.
Monitoring and Review	This policy is reviewed annually, or sooner if: • National guidance changes • A serious allergic reaction occurs • Procedures are updated following incident review Feedback from staff, parents/carers and pupils is welcomed and used to improve practice.